

Molten Chocolate Cake

Equipment:

2 pyrex custard cups microwave-safe bowl Measuring cups Whisk Mixing bowl measuring spoons (15 mL) rubber spatula baking sheet with raised sides butter knife small plates

Method:

- 1. Preheat Oven to 200C/400°F
- 2. Grease 2 custard cups lightly with butter.
- 3. Microwave the chocolate and butter in a microwaveable bowl for 2 minutes on 50% power, or until the butter is melted.
- 4. Stir with a whisk until the chocolate is completely melted.
- 5. Add icing sugar and mix well.
- 6. Blend in whole egg and egg yolk.
- 7. Stir in flour.
- 8. Pour mixture into custard cups. And place custard cups onto a baking sheet.
- 9. Bake for 13-14 minutes or until sides are firm but centres are still soft.
- 10. Let them stand for 1 min. Then carefully run a small knife around the edges of the cakes to loosen them. Invert the cakes onto plates and remove cups.
- 11. Top with whipped cream and serve warm!

1 1/2 squares of semi-sweet chocolate 50 mL butter

125 mL icing sugar

1 whole egg 1 egg yolk 45 mL flour

20 mL whipped cream